**THE TRAUMA TRIANGLE: abstract**

**This is a one-day workshop (6 CEs) designed to sensitize participants about to take the EMDR training to the importance of attachment and dissociation in their development as trauma-informed therapists.**

**EMDR, attachment awareness and dissociation/”parts” training form the “trauma triangle.”**

**The ClearPath model of EMDR holds that the EMDR training is best taught within an attachment and dissociation-informed milieu. To this end, we are introducing a one-day prelude to the EMDR training that addresses attachment and dissociation/parts work.**

**A one-day offering, of course, cannot be an in-depth treatment of the subject matter. The intention, however, is to *sensitize* the participants to the vital role both attachment and dissociation play throughout all phases of the EMDR model while they are learning and practicing EMDR as a psychotherapy.**

**The Day’s Schedule**

**8:30 – 10:00 Attachment – Part I (attachment theory, self- and client assessments, attunement and secure base).**

**10:00 – 10:15 Break**

**10:15 – 11:45 Attachment – Part II (relational/intersubjective theory, mentalizing, mindfulness and Self-creation, “biopsychosocial” dyadic model, attachment in trauma treatment).**

**11:45 – 12:45 Lunch**

**12:45 – 2:15 Dissociation/Parts Work – Part I (History of “parts/ego state” work, RUG-C approach)**

**2:15 – 2:30 Break**

**2:30 – 4:00 Dissociation/Parts Work – Part II (Explaining dissociation to clients, dissociative continuum, grounding processes, dissociation in trauma treatment).**

**4:00 Closure**